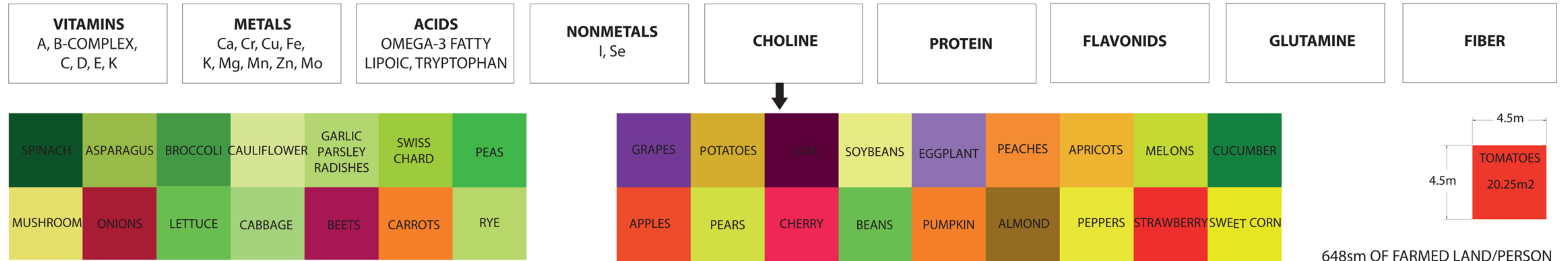


SELF-SUFFICIENCY IN THE CITY

PEOPLE AND DIETS

According to the studies conducted by the Food and Agriculture Organization of the United Nations, a footprint between 500 and 700 sm of grown crops per capita is required in order to maintain a food diet that is dominantly vegetarian, consistent of the essential nutrients and well balanced. Compared to this, a typical Western diet would have a footprint on the environment of 4000 sm, while a food diet consisting mainly of meat would require 7000 sm.



CLASSIFICATION OF CROPS TEMPERATURE AND LIGHT REQUIREMENTS

